# Week # 45 Menu at Soho 2 - 6 November 2026

**Please order from the website or send the Excel file (you can have it sent to you from us)**
**Orders must be received before 9.30 am, if later Pick up 11.30-12** (call if you do not receive confirmation)
**Main** course kr 2890 .. Soup kr 650 , Fruit box kr 540 , Cake kr 540. Bread and pesto 450
Side salad kr 400 Dine at Soho kr 3.790,- Open for food 11:30-13:00 +/?
**Nesvellir** kr 1950 for residents of Nesvellir and Febs / others 3790 / the public can also eat Soho food at Nesvellir
Note: The menu is subject to change, please check the website **on Soho** **before ordering**

**Monday** **2. November**
**Vegetable soup – Oat apple cake - fruit box**
Steamed cod with cabbage tablets, leek sauce, rye bread and butter
Minced steak with onion sauce, jam, red cabbage, beans and potato mousse

**Tuesday** **3. November**
**Asparagus soup, Chocolate cake, Fruit box**
Glazed stew with rue bread and butter
Chili con carne with cheese sauce, corn flakes and rice corn salad with feta cheese

**Wednesday** **4. November**
**Mushroom soup - Carrot cake - Fruit box**
Egg and cheese baked cod with rice and curry sauce
Pork snitzel with lemon, garlic butter, red cabbage, beans and potatoes

**Thursday** **5. November**
**Porridge with cinnamon sugar. TV cake, Fruit box**
Fish in breadcrumbs with remoulade sauce, cucumber salad and potatoes
Lamaba casserole in mild paprika sauce with potato mousse

**Friday** **6. November**
**Vegetable soup, Chocolate mousse with vanilla sauce , Fruit box**
Grilled salmon with Chirasa and teriyaki, rice and vegetables
Chicken pasta dish in Marinera sauce with vegetables and garlic bread