

week 38 **Menu 18-22 September**

Breakfast 06;30-08:00 FROM 20 september

Lunch 11,30 -13,00

Dinner 17:30 – 19:30

Boxed meal order www.sohokeflavik.is

The menu can be changed during the week check <https://www.soho.is/matsedill-vikunnar/>

Monday 18 September Asparagus soup

Lunch: Glazed fish stew & pasta Bolognaise

Tuesday 19 September Mexican vegetable soup

Lunch. Provence chicken with tomato and baby potatoes

Dinner; Fried Cod with cold sauces

Wednesday 20 September Cauliflower soup

Lunch; Rosted pork with mushroom sauce

Dinner; Pasta with meat sauce

Thursday 21 September Sweet potato soup

Lunch; Escalope of pork

Dinner; Lamb stew and fish

Friday 22 September Tomato soup

Lunch; Minced steak with onion and sauce

Dinner; Curry and Cocos cod with rice curry sauce

Saturday 23 September Soup of the day

Lunch; Moroccan meat balls with bean stew and potato mousse

Dinner; roasted chicken

Sunday 24 September Soup of the day

Lunch; Cold meat wit warm sides

Dinner; Roast chicken

**Menu available for lunch Mond.-Friday.
LHG employees can order these dishes on Soho's website and
delivered with lunch**

Lunch reservations must be received before 9.30am or earlier

Main course kr 2190.. cake-soup and fruit box kr 450

Side salad bread and pesto included with all dishes if asked

Note menu can change please follow the homepage [menu at Soho](#) before ordering

Cesar salad Garden salad, crop-cubes, sun-dried tomatoes, roasted seeds, Parmesan cheese, Caesar dressing and chicken

Soho lettuce Garden salad, corn tortilla, mashed sun-dried tomatoes, roasted seeds, red-beet boiled barley, juicy sweet potatoes, chicken, Middle Eastern dressing and horseradish sauce

Chicken wings -with French fries and Caesar dip

Blt with turkey -in ciabatta, tomato, lettuce, bacon, turkey, mayo, mustard tomato sauce and chips

Soho burger - with cheese, onion, tomato, dill cucumber, cabbage tomato sauce, mustard and mayo yearly, French and cocktail sauce

Burrito -with chicken, tortilla chips, sour and salsa

Extra chicken +400 kr

