



The aluminium trays may be used for Microwave

Monday 11 October Cauliflower Soup / Devil cake / Fruit Box

Chili with chicken and pinto beans, rice

Fried red with remoulade and potatoes

Slow cooked pork with red wine-pork sauce, vegetables and potatoes

Tuesday 12 October Cauliflower Soup / Oatmeal cake with Apples/Fruit Box

Indian vegetable stew in coconut milk with brown rice and chutney

Fried salmon with Indian vegetable pot and brown rice

Tagletelle with Bolognese sauce, parmesan and garlic bread

Wednesday 13 October Tomato Soup / Carrot Cake / Fruit Box

Grilled succini with vegetable stew and brown rice

Fried cod with grilled succini, and rice

Meat loaf with bacon, potato mousse, brown sauce, rhubarb jam and green beans

Thursday 14 October Asparagus soup / Orio cheesecake/ Fruit box

Cauliflower in cheese sauce, with peeled rice and baked tomato

Fried cod with cauliflower in cheese sauce, with peeled rice and baked tomato

Roasted lamb with Burgundy sauce, vegetables and potatoes

Friday 15 October Vegetable Soup / Toffee Cake / Fruit Box

Cauliflower in cheese sauce, with peeled rice and baked tomato

Grilled salmon with peppercorn sauce, peeled rice and baked tomato

Tuscan meatballs with tomato vegetable, and potato mousse

Orders for Saturday, Sunday must be received by 12 a.m. the day before

Saturday 16 October Asparagus Soup / Carrot Cake / Fruit Box

Spring rolls with Sweet Chili sauce and rice

Grilled salmon with Béarnaise vegetables and potatoes

Slow cooked lamb with Béarnaise, vegetables and potatoes

Sunday 17 October Cauliflower Soup / Orio Cheesecake / Fruit Box

Vegetable wrap with avocado, salsa and rice

Fried plaice with fried onions, remoulade, and potatoes

Pork schnitzel with tomato sauce, vegetables and potatoes

41 Menu 11 – 17 October “Boxed Menu”

Check Canteen menu on our web www.soho.is

Canteen #179 Asbru is open every day from breakfast 07-08 Lunch 12 – 13 am – Dinner 17-18

Price kr 2390 (Please make reservation at noon day before)

Order from Soho [homepage](http://www.soho.is) or send the Excel document (can download the form on the homepage)

Lunch orders must be made before 9 p.m. on the same day or earlier

Picked up orders can be ordered until 10;00 delivered at 11;30-12 at Hrannargata 6

Price per person 2,390,- main course and choice between soup/ cake/ fruit box

Side salad bread and pesto are included with all dishes if requested

Only main course kr 1990 (opional bread and side salad)

Menu can changed during the week please follow us on our website at www.soho.is before ordering

Dinner orders are delivered betw -15:30 – 16 30

A la carte / every day option's boxed (not available in Cantina)

Order from the homepage or send the Excel document (can download the form on the homepage)

Orders must be made before 9 p.m. on the same day or earlier

Pick-up orders can be ordered until 10;00 delivered at 11;30-12 at Hrannargata 6

Price per person Kr. 2,390, - main course and choice between soup/cake/fruit box

Side salad bread and pesto are included with all dishes if requested Main course kr 1990

Note menu can be provided with breystplease follow on the website menu at [Soho](http://www.soho.is) before ordering

Cesar salad Garden salad, bread cubes, sun-dried tomatoes, toasted seeds, parmesan cheese, Cesar dressing and chicken ex chicken **+400 kr**

Soho salad Garden salad, grain tortilla, mashed sun-dried tomatoes, toasted seeds, red-bee boiled barley, juicy sweet potatoes, chicken, Middle Eastern dressing and peppercorn sauce **ex chicken +400 kr**

Chicken wings with Fr. Fries and Cesar dressing dip

Blt with Turkey breast in Baguette bread tomato,lettuce, bacon, chicken, majo, mustard ketchup and Fr.fries

Soho Burger 120 g grilled coarsely chopped, with cheese, tomato, onion, sauces and Fr.fries

Burrito Chicken burrito with chips, sour cream and salsa

